



Camp Echo Lake

THE TRAIL NEWSLETTER

2026 Spring Edition



DIRECTOR'S WELCOME

Hello Echo Lakers,

We are very close to the start of Summer 2026 at Camp Echo Lake, and we know there is a mixture of emotions from excitement to anticipation, to curiosity, to joy. There are also nerves for campers coming for the very first time, for returning campers stepping into new challenges and leadership roles, for parents preparing to let go a little bit more, and even for staff members who care deeply about creating something meaningful together. After 81 summers at Camp Echo Lake, we can tell you this with complete confidence - those feelings are not only normal, but they are also part of what makes camp such a powerful experience. Growth begins when we step into something new.

For more than eight decades, Camp Echo Lake has been a place where children discover who they are, who they can become, and how deeply they matter to a community. Every tradition, every program, every song, every cabin conversation, every challenge course climb, every campfire under the stars – all of it is designed with one purpose at the center: human development.

At Camp Echo Lake, we believe childhood matters deeply. We believe kids thrive when they feel safe enough to try, supported enough to fail, and loved enough to keep growing. We believe confidence is earned through experience, resilience is built through challenge, and belonging is created through authentic connection.

That philosophy guides every decision we make. It guides how we hire and train our staff. It guides how we structure our programs. It guides how we support campers socially and emotionally. It guides how we communicate with families. And most importantly, it guides how we treat every single person in our community.

Camp is so much more than activities. Yes, campers will learn new skills on the fields, courts, waterfronts, trails, stages, and creative spaces across camp. They will become stronger swimmers, more confident performers, more capable athletes, and more adventurous explorers. But the greatest gifts of camp are often the ones that cannot be measured.

At Echo Lake, we want campers leave Echo Lake with the ability to make a new friend, to advocate for themselves, to live independently, to navigate conflict with empathy and to lead with kindness. We want to them to take healthy risks, to recover from setbacks and to unplug from comparison and reconnect with themselves. And we want them to discover that they are capable of far more than they imagined. In a world that increasingly pulls young people toward distraction, pressure, and isolation, camp offers something profoundly different: presence, community, perspective, and joy.

At Echo Lake, children are known. They are seen not for their grades, social media followers, athletic rankings, or achievements, but for who they are at their core. They are encouraged to contribute to something bigger than themselves while also discovering their own voice within it. They learn that being part of a caring community means showing up for one another, celebrating each other, and growing together.

We know this journey requires trust. To our camp families, thank you for sharing your children with us. We do not take that responsibility lightly. For 81 years, families have entrusted Camp Echo Lake with some of the most important years in their children's lives, and we remain deeply committed to honoring that trust with care, intentionality, warmth, and unwavering dedication.

Our camp parents are essential partners in this journey. The trust, values, and foundation you instill in your children are what allow the Camp Echo Lake experience to take root and flourish. The growth we see each summer is built on what you have already nurtured at home, and together, we help shape young people who are confident, compassionate, and ready to make a positive impact in the world.

Our staff bring their energy, heart, patience, leadership, and love to this community. The relationships staff build with campers often become the moments they remember forever. Staff must never underestimate the impact of their presence.

Our alumni remain some of the greatest examples of what Camp Echo Lake stands for. The kindness, leadership, resilience, connection, and character you carry into your families, careers, communities, and relationships are living proof of the intentional growth that begins at camp and continues long after summers end. Your stories, friendships, and continued connection to Echo Lake remind all of us that camp is not simply a place we attend – it becomes part of who we are.

You do not need to be perfect to belong at Camp Echo Lake. You simply need to arrive open to the experience. The magic of camp is not created in one big moment. It is built slowly, intentionally, and collectively – through friendships, laughter, challenges, traditions, and everyday acts of care. Summer after summer, generation after generation, that magic continues because of the people who make up this extraordinary community.

We cannot wait to welcome you home to Camp Echo Lake.

With gratitude and warm and fuzzy hugs,
Laurie and Tony



ALUMNI HAPPENINGS

We love staying connected with our Camp Echo Lake alumni and celebrating the exciting moments in their lives! On this page, you'll find updates about achievements, weddings, new babies, and other special happenings. It's our way of keeping the CEL spirit alive and sharing in the joys of our extended camp family. If you have something special to share with us, let us know [here!](#)

We are thrilled to celebrate the recent engagement of CEL Alumni **Rachel Levy** and **Josh Rosenberg**. We couldn't be happier for this wonderful couple and can't wait to see what this next chapter holds for them. Congratulations, Rachel and Josh!



Cheers to the newlyweds! We are thrilled for alumni camper and staff member **Jake Sussman** and his husband, Andrew, who recently tied the knot surrounded by a great group of CEL alums.

Congratulations to alumni camper and staff member **Linda Libby (Tell)** and her husband Michael on the birth of their daughter, **Maya**. We love seeing our alumni grow their families and hope to see Maya join the CEL ranks in the future!



Join us in celebrating longtime CEL Leadership Staff member **Cal Meyers** and his wife Katlyn on the arrival of their son, **August**. We are so thrilled for the Meyers family as they begin this new chapter!

Alumni camper and staff member **Samantha Goldstein (Statfeld)** and her husband Evan are also celebrating as they welcome their second son, **Brett**. We know **Charlie** is going to be an incredible big brother!



We are filled with joy for alumni camper and staff member **Sydney Martin (Bibicoff)** and her husband Jeremy on the arrival of their daughter, **Sylvie**. Congratulations to the happy family!

CEL Class of 2026

We are bursting with pride as we celebrate our 2024 LITs during their high school graduation season! From the East Coast to the West, these young leaders have committed to incredible universities where we know they will carry forward the CEL spirit! We can't wait to see all they achieve as they bring their "be nice, try hard" attitude to campuses across the country this fall!



JOSH BABBY
Wake Forest University



SYDNEY BANKER
University of Wisconsin



AIDEN BLUMENTHAL
Tulane University



MAX BLUMENTHAL
Ohio State University




ELIZABETH BRANDMAN
Vanderbilt University



HENRY BRETT-CHIN
Washington University
in St. Louis



ABBY BRODER
University of Wisconsin



SAMUEL DOUBERT
Tulane University




CHARLIE EVERETT
Cornell University



ARI FRIMMER
Syracuse University



SAMANTHA GOETZ
Syracuse University



ADDISON GOLD
Indiana University



SAM GROSSMAN
Cornell University



BRAD GRUNDFAST
University of Georgia



CHLOE HASELTINE
University of Colorado
Boulder



BROOKE KANTROWITZ
SUNY Binghamton



MORGAN KAPLAN
Elon University



RYLIE KAPLAN
University of Wisconsin



JULIAN KATZ
University of Rhode Island



ROMY KREGSMAN
Syracuse University



MAYA LEVY
University of Colorado
Boulder



JACOB LINDENBAUM
University of South Carolina



MADDIE MARGOLIS
University of Michigan



ASHER MAZIE
Tulane University



TROY MEILMAN
Syracuse University



SAM MILLER
University of Florida



ZACH NADAN
Vanderbilt University



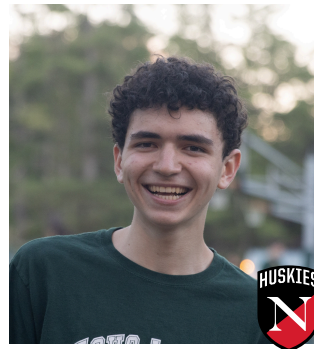
CHARLIE NOSENCHUK
Washington University
in St. Louis



MAX PRAGER
Purdue University



BLAIR RUDSENKE
Auburn University



NOAH STEIN
Northeastern University



SAMI STEIN
University of Miami



KENT WEINBERGER
Dickinson College



SAMANTHA WILCOX
McGill University





ALUMNI SPOTLIGHT

Liza Spector Brings "The Little Stitchery" to Life

It is always exciting to see our Camp Echo Lake alumni taking their creativity and passion into the professional world! We are thrilled to spotlight Liza Spector (LIT 2016), who recently combined her love for crafting and community by opening **The Little Stitchery** in Hoboken, NJ. Located at 617 Jefferson Street, Liza's new boutique and studio is a vibrant addition to the neighborhood, offering a modern, fresh take on the timeless art of needlepoint. From beautifully hand-painted canvases to colorful threads and curated kits, Liza has created a welcoming space that is perfect for both lifelong stitchers and those looking to pick up a new hobby.

The Little Stitchery isn't just a shop; it's a hub for creativity, featuring "stitch clubs" and classes that bring people together. Whether you are a local Hoboken resident or looking for the perfect custom gift online, let's show our Echo Lake pride and support this amazing young entrepreneur! You can check out her latest designs on Instagram **@thelittlestitcheryndlpt** or visit her website at www.thelittlestitcheryndlpt.com. Congratulations, Liza!





WHAT'S NEW AT THE LAKE

Our maintenance team has been hard at work all spring, ensuring that every corner of Camp Echo Lake looks its best and that all our new additions are ready for action! We can't wait for our community to see what we've been up to!

El Jefe has Arrived: The wait is over! Our brand-new water toy, "El Jefe," has officially arrived at camp. We are counting down the days until next month when we can finally get it into the water. It's going to be a massive hit at the Lake this summer!



A New Home for Cooking and Music: The Frosh Lodge update is moving along beautifully. This revamped space will house our brand-new cooking and music studios, providing a fresh, modern environment for campers to whip up some tasty treats and find their "rhythm!"

Added Tutoring Rooms: We've added more tutoring rooms in both the Girls and Boys Headquarters to better serve our campers and provide quiet, dedicated spaces for their sessions.

A Smoother Welcome: Your arrival at camp will be a little bit smoother this year - literally! We've paved the road from the front gate all the way to the Admin building, ensuring a nice, even ride for the buses when they roll into camp this June.

The Fine Arts Update: The Fine Arts building has received a glow-up! The old deck has been completely replaced with a beautiful new one, and inside, we've expanded the main art room into the old darkroom. This extra square footage means even more room for our campers to spread out and get creative! Additionally, the Fine Arts bathrooms have been completely updated for Summer 2026!

CAMP: A Song by Paige Greenwald

Bus here, bus here
smile on my face from ear to ear
On a list they write down my name
My happiness is crazy it's insane
I step in, can't hesitate,
A brand new summer to celebrate!

But now I wake up here,
A new summer I have no fear.
So many names to memorize,
Wonderful sights have filled my eyes!
A warm inner glow... I got a warm inner glow!

Six flags, Hoedown, Gaga champs are all
around
Group sing, Tribal
CEL will rise but never fall
And Sticker Beans you know what that means
We won't give freebies!

Visiting Day! Visiting Day!
All the parents are on the way
Look at my bunk it's on display
I'm happy to see you, hooray!
These are my friends just look around
Listen to this campish sound!
Just step in don't hesitate,
A brand new day to celebrate!

My happy place is here
The rest of summer I have no fear
So many names I've memorized
Wonderful sights have filled my eyes!
A warm inner glow... I got a warm inner glow!

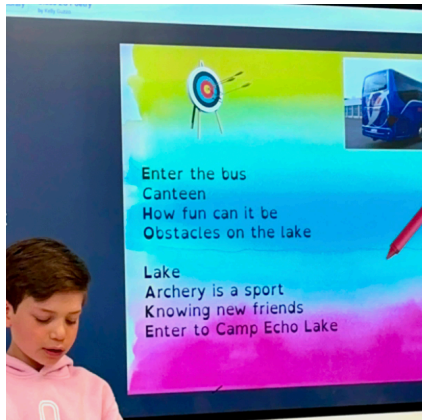
Time to go home, time to go home
It's reasonable to moan
It's bus back my friends and me
Trees are all that we can see
I step out, hesitate
Me and my friends separate

Now I am home here
For next summer I'll have no fear
So many names I'll memorize
Wonderful sights will fill my eyes!
I got a warm inner glow... I got a warm inner
glow...

Six flags, hoedown, gaga champs are all
around
Group sing, Tribal
CEL will rise but never fall
And Sticker Beans you know what that means
We won't give freebies!

Six flags, hoedown, gaga champs are all
around
Group sing, Tribal
CEL will rise but never fall
And Sticker Beans you know what that means
We won't give freebies!

A Poem by Zachary Morganstern



Enter the bus
Canteen
How fun can it be
Obstacles on the lake
Lake
Archery is a sport
Knowing new friends
Enter to Camp Echo Lake



STAFF SPOTLIGHT

Camp Echo Lake Summer 2026 Staff Sneak Peek

With less than 50 days until Summer 2026 begins at the Lake, we want to introduce some of our incredible staff for Summer 2026. From the waterfront to the bunkline, this year's staff brings together people from 11 different countries and 35 U.S. states and territories. We are so excited for this group of staff to have the opportunity to make a positive impact on our campers this summer - the next few pages contain a "sneak peek" of some of this talented crew!

CRAIG



TREK • ENGLAND

JASMINE



WATERFRONT • AUSTRALIA

DIEGO



CS • COLORADO

ASIA



LACROSSE • MARYLAND

SOPHIA



CS • PUERTO RICO

ALLAN



GROUP LEADER • LOUISIANA

DARIA



HEALTH CENTER ADMIN • TEXAS

KIAN



GROUP LEADER • IRELAND

SEAN



4N4 • IRELAND

MEGAN



SOFTBALL • KANSAS

VICTORIA



NURSING ASSISTANT • NEW YORK

TALYA



CS • MASSACHUSETTS

CHARLEY



CS • IDAHO

CJ OR CEONN



ROPES • OHIO

CHELSEA



FINE ARTS • AUSTRALIA

TIARNAN



SKY VILLAGE • NORTHERN IRELAND

JACK



CS • TEXAS

SOPHIE



CS • ENGLAND

MARIO



SKY VILLAGE • GEORGIA

EMMA



TREK • NEW YORK

DARCEY



THEATRE • ENGLAND

COAL OR NEACOALI?



BASEBALL • OREGON

KIM



NURSE • NEW YORK

JADEN



CS • OKLAHOMA

TREABEIN



WATERFRONT • OKLAHOMA

SYMPHONIE



CS • NEW YORK

ANGUS



GROUP LEADER • NEW ZEALAND

SADA



FINE ARTS • MICHIGAN

SYDNEY



THEATRE • CHICAGO

CATHERINE



CS • FLORIDA

SIRAYA



CS • NEW YORK

SPENCER



ROPES • ENGLAND

ALANA



THEATRE • ARIZONA

BILL



CS • FLORIDA

SAEWARD



YOGA • ILLINOIS

WILLIAM



WOODWORKING • SCOTLAND

EVIE



SKY VILLAGE • GEORGIA

RACHEL



4N4 • FLORIDA

MYLES



CS • ENGLAND

BRIDGET



WATERFRONT • NEW YORK

CASEY



GYMNASTICS • ENGLAND

KYLE



CS • ENGLAND

AUNIKA



CS • KANSAS

KAROL



FOOD SERVICE • COLOMBIA

SEAN



TREK • ENGLAND

JESS



WATERSKI • NEW ZEALAND

TOMAS



TENNIS • SPAIN

PALOMA



WATERFRONT • SPAIN

ALAHNA



CS • NEVADA

SINEAD



CS • IRELAND

ALEXA



THEATRE • NEW JERSEY

MURAT



FOOD SERVICE • MEXICO

NEW CAMPER SPRING INTO SUMMER FUN!

We had a great turnout at our New Camper Spring into Summer event earlier this month! The weather was a bit chilly, but it didn't stop anyone from having a blast playing games and making new connections. We were lucky to have many of our CEL Leadership Team staff present, as well as some of our incredible Leaders in Training!

It was so much fun to see everyone together and getting a head start on the summer. We can't wait for this group to arrive at camp in June—we know they are going to have the best time!



PROJECT MORRY SPRING EVENT RECAP



It was wonderful to see such a strong showing of Echo Lake alumni at the recent Project Morry Spring into Summer event at Slate NYC. The evening served as a fantastic opportunity for our community to reconnect while supporting a vital cause. It is always a highlight to get Echo Lakers together, especially when the gathering benefits such a meaningful organization.

The event was a significant success, raising substantial funds dedicated to Project Morry's Aquatics Program. We are incredibly proud of our alumni for their continued generosity, ensuring that even more children have the opportunity to dive into life-changing summer experiences. It was a truly impactful night, and we are grateful to everyone who helped make it possible.



Meet the 2026 CEL Leadership Team

The Camp Echo Lake Leadership Team is bigger and better than ever this summer! This year's team is made up of **26 incredible individuals**, who together have a collective **340 summers** of Camp Echo Lake experience!

Many of the 2026 Leadership Team members gathered in Westchester earlier this month for a leadership planning weekend in preparation for the upcoming summer, and to help run our New Camper Spring Into Summer Event! It was a weekend full of fun, laughter, learning, and excitement for all that's to come. We are lucky to have such a talented team of seasoned Echo Lakers who have one common goal - making Summer 2026 the best summer ever! To read more about the individuals who make up the 2026 CEL Leadership team, you can read the blog post [here](#).



SUMMER 2026 CALENDAR

We have loved seeing so many of our CEL campers and families at our off-season events this year - now onto Summer 2026!

2026 Summer Dates:

- Camp Echo Lake 2026 Season Begins - Sunday, June 28
- Family Visiting Day - Saturday, July 18 from 9 am to 3 pm
- Alternate Visiting Day for Divorced/Separated Families - Sunday, July 19 from 9 am to 3 pm
- Camp Echo Lake 2026 Season Ends - Saturday, August 15

CAMP ECHO LAKE APP

The Camp Echo Lake (CEL) app is available for all smartphones, providing easy access to everything CEL! Browse summer photos and videos, stay up to date with yearly news and reminders (including the Trail newsletter), and even receive push notifications so you never miss an update. Current campers, parents, staff, and alumni can all enjoy the app. If you haven't logged in yet, contact office@campecholake.com for a registration code and start exploring today!

How to Access the Camp Echo Lake App:



1. Visit the App Store or Google Play and search “Camp Echo Lake,” or use the links or QR codes at the bottom of this page to locate and download the app to your device.
2. Tap “Create an account,” use the email address we have on file at camp (also used for the Parent Dashboard), and set up a password. You will need to enter a registration code to access the app for the first time! If you need a registration code, please contact the Camp Echo Lake Office by emailing office@campecholake.com or calling 518-623-9635.
3. Login to the app and “allow” mobile push notifications to stay informed of important camp updates and reminders.

CONTRIBUTE TO THE TRAIL

Be a part of the Camp Echo Lake Trail! Share your stories, shoutouts, memories, and special moments to help celebrate our amazing Echo Lake community. Click [here](#) to submit and see your voice featured in the next edition in Fall 2026! We'd love to hear from you!